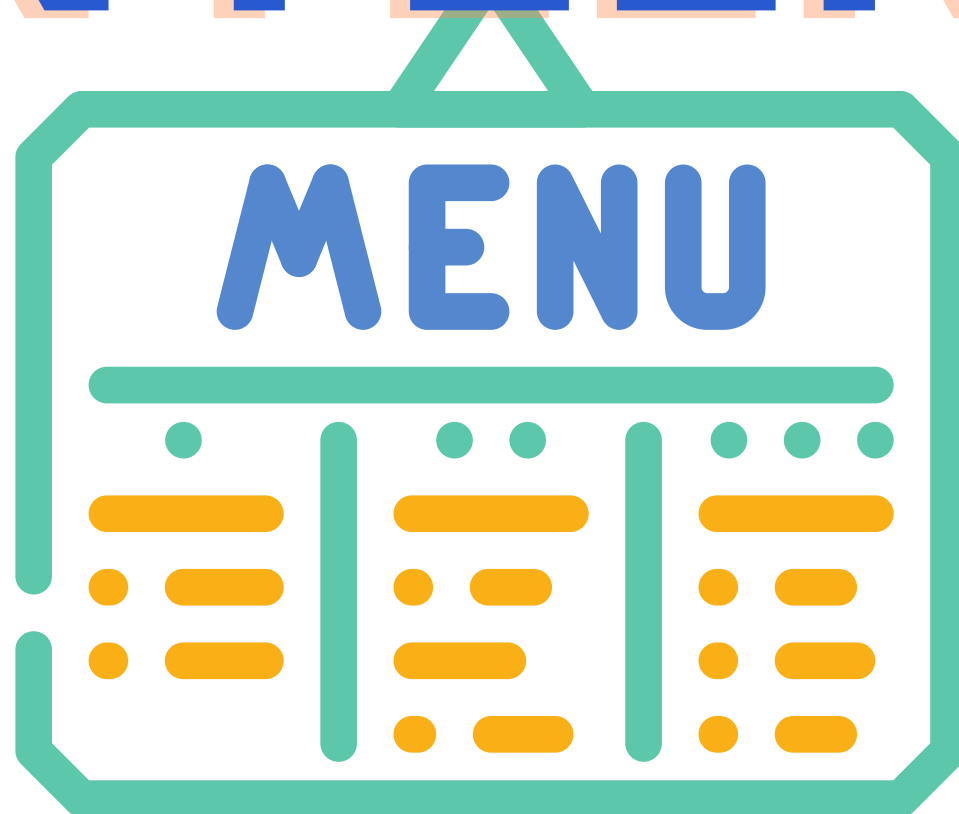


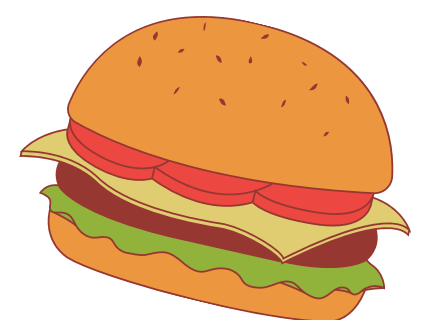


HHPS CANTEEN



INFORMATION

2024



HHPS Canteen



hhpspandccanteen@gmail.com



HHPS CANTEEN



FYI

The canteen is open on Monday, Wednesday & Friday for lunch & recess orders via QKR! or over the counter cash sales at recess

- The canteen is run by a sub-committee of the the HHPS P&C and employs a Canteen Manager (Di Mooney) for day to day operation.
- It is self funded and all profits go back to the P&C
- To keep costs down & continue to provide good quality food we **rely on volunteers** to help prepare, pack and serve over the counter.
- We cater for gluten-free, dairy-free and vegetarian diets
- Orders are placed online and lunches are packed and sent to the classroom. Recess orders need to be picked up from the canteen.
- Over the counter snack sales are cash only and include chips, iceblocks, frozurts, drinks, cheese and crackers, jelly cups
- The canteen maintains a small float so please ensure your kids have **no notes over \$5** for counter sales
- For any queries contact the canteen via email or the canteen facebook site

Forgotten lunches



If your child forgets their lunch (or as on the odd occasion it gets eaten by a cockatoo) they will be provided with a choice of fresh sandwich and a drink. Your child needs to get a signed note from the teacher to bring to the canteen and they will be sent home with an invoice that can be paid via the post payments tab on QKR!



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HOW TO ORDER



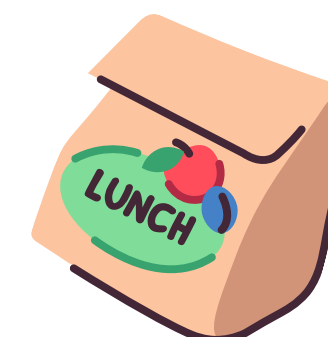
All orders are placed via the QKR! by Mastercard App or via the website <https://qkr-store.qkrschool.com/store/#/home>

DAILY CUT-OFF TIME: 8:40am

- Once in QKR! select Hornsby Heights Public School
- From the Canteen List select the menu you wish to order from (lunch, recess, birthday buckets).
- Select the child and day you wish to receive the order
- Select the items from the menu
- Confirm your order and continue to payment
- Double check your receipt to ensure the order has been placed



ORDERING NOTES



- If you miss the cut off please call the canteen to place an order and then pay via the post payment tab
- Depending on the time you place the order by phone, the options may be limited
- If ordering both lunch and recess - please place separate orders for each
- If an item is unavailable it has probably reached the limit
- All frozen items, smoothies and hot chocolates ordered need to be picked up from the Canteen with the paper bag as proof of purchase
- If you need to cancel your order, this needs to be done before the menu cut off time (8:40am) using the minus icon on the receipt in Qkr! This will ensure no labels are printed in the canteen, and you will receive credit on your Qkr! account to use on a future order



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HHPS CANTEEN



VOLUNTEERING



- The canteen manager runs each shift, takes care of health and safety requirements and does bulk cooking of menu items to ensure we have sufficient stock on hand
- Volunteers from the school community are needed to help make sandwiches/wraps/burgers, cut up fruit, pack the lunch/recess bags, serve over the counter and help to tidy up afterwards
- Volunteering for a shift is a great way to meet other parents, stay in touch with the school community and see your kids at school
- Sign up to a shift via our Sign Up Page below
- 2 people are needed for the Mon/Wed shifts and 3 for Fridays as it is the busiest day (over 200 lunches)
- Volunteers who sign up for two or more shifts on the same day will receive a free lunch



Monday / Wednesday / Friday

9am - 11am

11am - 1pm

1:30pm - 2:30pm



<https://signup.zone/hhps-canteen>

Everyone is welcome to join the Canteen Committee and be involved. New members and ideas are encouraged. Meetings are held on the last Tuesday on the month at 7:30pm via zoom.

Email for further information.



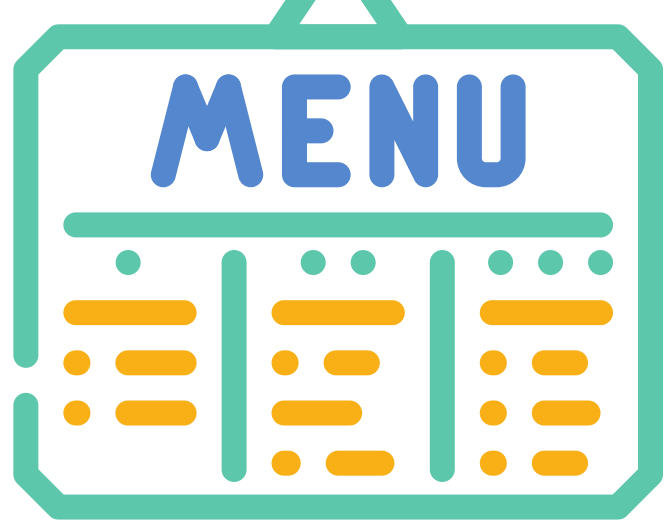
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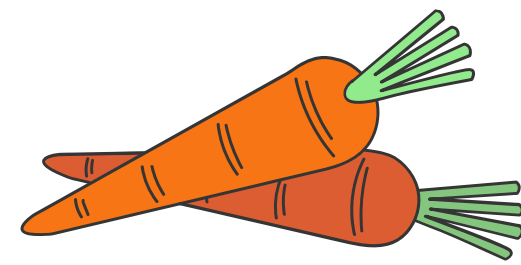
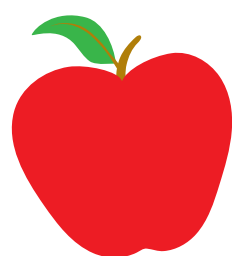
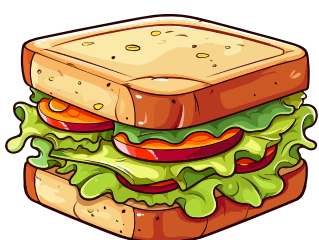
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HHPS CANTEEN



- Many of the canteen menu items are made on site from fresh and healthy ingredients, portioned and frozen
- The canteen operates under a nut-free environment and offers dairy-free, gluten-free and vegetarian options.
- The compulsory Healthy Canteen Strategy is adhered to and the menu contains 75% everyday foods and 25% occasional foods to remain compliant.
- Portion limits apply for some everyday foods and ALL occasional foods which must also have a health star rating of at least 3.5.
- The menu offers certain items on specific days, such as chicken strips on Monday, Sushi on Wednesday and Bite Me Bakehouse goods on Friday
- The canteen maintains membership to the Healthy Kids Association.
- A special food day is run each term offering a food item that is not part of our regular menu, such as frozen yoghurts, cookies, doughnuts & cupcakes
- To celebrate your child's birthday you can purchase birthday buckets for the class in which every child in the class will receive a Quelch 99% fruit juice icy tube.
- We offer reasonably priced quality food and ensure we maintain a few low priced items (popcorn, crackers and cheese, juicy fruities, milk minis) along with free carrot sticks available at recess.
- If you have any queries or suggestions about our menu, please email the committee



HHPS Canteen



hhpsandccanteen@gmail.com



Hornsby Heights Primary School

P&C Canteen Menu 2024



The canteen is open MONDAY, WEDNESDAY & FRIDAY

Lunch and Recess orders to be placed via QKR! By 8:40am

Over the counter snacks, drinks and frozen - RECESS only

HOT FOOD

Toasted Sandwiches (Mon/Wed only) \$2.30 (+fillings)

Cheese \$0.70
Ham \$1.40
Tomato \$0.50

Pasta Pomodoro *HM, V* \$4.50

Beef Lasagne \$4.50

Macaroni and Cheese *HM, EF, V* \$4.50

Garlic Bread *HM* \$1.80

Corn Cobbette \$1.00

Chicken Burger \$3.80 (+ extras)

Lettuce / Tomato \$0.50
Carrot \$0.30
Cucumber \$0.40
Cheese \$0.70
Mayonnaise \$0.20
Tomato Sauce / BBQ Sauce \$0.00

Pizza Muffin *HM*

Ham & Cheese / BBQ Chicken \$3.50
Cheese \$3.00

Fried Rice *V, GF, DF, EF* \$4.50

Chicken Strips (x3) *EF, DF* (Monday only) \$3.00

Meat Pie (Friday only) \$5.00

Sausage Roll (Friday only) \$4.50

Spinach & Fetta Roll *V* (Friday only) \$4.50

WEDNESDAY SUSHI SPECIALS *EF, DF, GF* TBD

TBD

Sauce Packets \$0.30

Tomato / BBQ

FROZEN FOOD

Juicies (99.9% fruit juice) *DF, EF, GF* \$1.00

Lemonade / Wildberry / Orange / Tropical

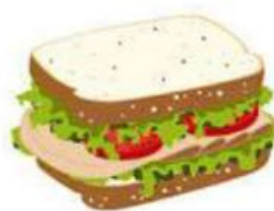
Frozen Milk Mini (limit - 2 per person) \$0.40

Strawberry / Chocolate

Juicy Fruity (limit - 2 per person) \$0.20

Apple & Blackcurrant / Tropical

Frozurt (frozen Vaalia yoghurt) *EF, GF* \$0.80



FRESH SANDWICHES/WRAPS *GF avail.* \$2.00 (+ fillings)

Cheese \$0.70
Ham \$1.40
Chicken \$1.80
Vegemite / Honey / Jam \$0.50
Lettuce / Tomato \$0.50
Carrot \$0.30
Cucumber \$0.40
Mayonnaise \$0.20

DRINKS

Just Juice \$1.60

Apple / Apple & Blackcurrant /
Paradise Punch

Oak Milk \$2.50

Chocolate / Strawberry

Smoothies (Terms 1 & 4, Mon & Wed) \$2.50

Blueberry (Mon) / Banana (Wed)

Hot Chocolate (Terms 2 & 3, Mon & Wed) \$2.20

SNACKS

Carrot Sticks (over counter only) FREE

Rice Cracker & Cheese (x1) *GF, V, EF* \$0.30

(Single rice crackers and cheese not available on Qkr!)

Rice Cracker & Cheese (x3) *GF, V, EF* \$0.60

Fresh Popcorn Bag *GF, V, EF, DF* \$0.10

Apple Slinky \$1.20

Jelly Cup (99.6% juice) *GF, V, EF, DF* \$0.60

Yoghurt, Muesli & Fruit Cup \$1.50

Mini Fruit Salad *HM* \$1.20

Edamame ~12 pieces *V* \$0.70

Banana Bread Muffins *V HM*

Mini \$1.00

Regular \$2.00

Flavoured Popcorn \$1.70

Butterscotch / Chicken Seasoning

Red Rock Plain Chips *GF, V, EF, DF* \$1.50

Grain Waves Sour Cream & Chives \$1.50

Parker's Pretzels \$1.50

GF = gluten free V = vegetarian HM = homemade on site EF = egg free DF = dairy free

As per the NSW Healthy School Canteen Strategy, we provide a menu that is ¾ everyday food and ¼ occasional food.

Refer to <https://www.health.nsw.gov.au/heal/Pages/healthy-school-canteens.aspx>

Please contact the canteen convener for any further information or if you would like to volunteer on

hpspandccanteen@gmail.com